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# Skagit Runners

**New Website: [www.skagitrunners.org](http://www.skagitrunners.org)**

## **Skagit Flats Marathon & Half-Marathon Sunday, September 12th**

We are less than a month away from our fall race and the entries keep rolling in each day. So here is an update on the planning process.

Wendy had a website created this year, and you can check it out by going to

**[www.skagitflatsmarathon.com](http://www.skagitflatsmarathon.com)**

We always need help at the day of race registration as well as the finish line. So if you need something to do that Sunday, come help out!

This year's race was moved to Sunday to hopefully alleviate the traffic problems that we were starting to encounter on a Saturday run. Plus by having the race on Sunday, we are able to make it a fundraiser for the county cross country teams. Burlington, Sedro-Woolley, Anacortes, and Mt. Vernon are going to take care of all the water stops on the marathon/half-marathon course this year in exchange for funds donated to their programs. Lindquists, Fireball, and Cindy will continue their water stops out on the marathon-only course.



We will still need **traffic monitors** in the critical areas. So far I have Terry and Randy and hopefully will get others to help! Even though the

race is on a Sunday, we still need cracker-jack traffic people out there protecting our runners and water station workers!!!

Our last meeting will be Wednesday the 8th at the store unless we can wrap things up at the potluck on the 5th. I will send out an email if we need that meeting.

Ruth could always use some help with the food, and I am always looking for a sidekick to travel the route as I set up the waterstops and traffic people. I would assume Keefer and Wendy will be handling the finish line although we haven't finalized those people yet.

You can reach me at home 856-6990, via email or you can reach Wendy at the store 336-2475.

Proceeds from this race will go to assist the local cross country programs. We will be donating \$500 each to the Anacortes, Burlington-Edison, Mt. Vernon, and Sedro-Woolley cross country programs as well as a few bucks toward our reliable aide partner these days: **Skagit Search and Rescue!!!** (Mt Vernon Christian wasn't able to participate due to the Sunday schedule so I told them I would get them to help out with Tulip Run instead!!!)

A handwritten signature in black ink, appearing to read 'Dean'.

This coming Saturday, August 28th is the 102 Years and Running 5K in Mt Vernon. This is member Cindy Weber's race and so far Kim Betz and Ruth plan on helping out with the finish line. Anyone else????

This is what I copied from the club website:

**August 28 (Saturday), 10 am - 102 Years & Running 5K Run/Walk, Mount Vernon Presbyterian Church, Mount Vernon**

**September 4 (Saturday), 10 am - Lake Padden Relay 4 person teams (2.6 Mile legs) or solo (10.35 Mile), East Lake Padden Park, Bellingham**

**September 12 (Sunday), 8 am - Skagit Flats Marathon and Half Marathon, Burlington-Edison High School, Burlington**

**September 25 (Saturday), 9 am - YMCA Family 5K and Kids Dash, Whatcom Family YMCA, Bellingham**

**October 2 (Saturday), 8 am - Baker Lake 50K Trail Run, Kulshan Campground, near Concrete (Skagit County)**

**October 10 (Sunday) - Western Washington University Homecoming Fun Run 5K, WWU campus track, Bellingham**

**October 16 (Saturday), 10 am - Mount Erie Road and Trail Run, Anacortes**

**Presidential Ramblings:** My newsletters have not been as frequent this summer but now that I can communicate with every member except for one, I find myself using the email. Once our website is up and running for good, then we can post lots of the information on the website.

We have 38 members in Skagit Runners (we took in \$375 in dues) which is a little below that I had hoped but I am extremely excited about the people that stayed with the club. We have an active membership now and more people are participating than ever. I have only made it to one summer race this year, yet Skagit Runners has provided the finish line for 5 races with a couple more this month. Thanks for all the help!!!

Can you believe all these years, and I never once checked out [runningshoes.com](http://runningshoes.com) in Bellingham. Ruth won a gift certificate at the Running o' the Green and we finally made it in to cash in on the free stuff. I was quite pleased with the selection of stuff. We are very fortunate to have 3 quality running stores in our area.

Recently, one of our members moved to Chicago to attend graduate school. I have trained on the trails with Andy Goebel for the past year and a half. I ran around Loowit with him, and climbed Mt Adams with him this summer. His enthusiasm for running will be sorely missed!

Hope to see as many of you as possible at the potluck at my house. It should be a fun time. The Taylor 5K was started when I was with Hoofin' It out of Everett and has been on hold for 10 years. It will be nice to see it return!

## What will you be doing Sunday, September 5th????

If you are like us, we avoid the crowds on Labor Day weekend, not to mention that I am usually scrambling writing lesson plans for the first week of school. Anyway before we moved to Skagit Valley and when I ran for a club called Team Hoofin' It, I would host a potluck barbeque called the Taylor 5K Potluck Barbeque. I would measure out a course and we would all put a couple bucks in the hat and predict our time and run the course picking up poker cards with the best hand and person who was closest to their predicting their time splitting the pot. Well, it is back!

**The Return of the Taylor 5K Poker Run and Potluck Barbeque**  
Sunday Sept 5th at the Taylor house in Clear Lake  
Run will start at 1:00 The barbeque will be fired up soon afterwards  
Club will supply brats, burgers, dogs, and pop  
***Please RVSP via phone or email with your salad or dessert dish***

**Directions:** We live at 12786 Hemlock Street off Mud Lake Road. On the corner of Mud Lake and Hemlock Street is the Clear Lake Baptist Church. Mud Lake Road can be found on Hwy 9 across from Evelyn's Tavern. You can't miss the Baptist Church sign! We are the 2nd house from the church...the one with the Skagit Runner's banner hanging on the front porch!