

# Membership Agreement

I know that running and volunteering to work in races are potentially hazardous activities. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in a club events including but not limited to falls, contact with other participants, the effects of the weather (including high heat/humidity), traffic, and the condition of the course. All such risks being known and appreciated and know by me. Having read this waiver and knowing these facts; I or anyone acting on my behalf waive and release the Skagit Runners organization, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in club events.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

To:

From:  
Skagit Runners  
P.O. Box 120  
Burlington, WA 98233



# Membership Application





### Why Run?

- ◆ For your health?
- ◆ For personal satisfaction?
- ◆ To keep the weight off?
- ◆ For competition or to make new friends?

Skagit Runners is a running club based in Skagit Valley area of Northwest Washington State. We are composed of runners of all ages from youth students to retired adults. You don't need to live in Skagit County to be a member. We are here to hearten, complement, support and have fun with all levels of running. Whatever your pace is we encourage and welcome you to join us.



Skagit Runners sponsors four major races each year:

- ◆ The Tulip Run held in April
- ◆ Lost Lake 50k held in May
- ◆ Skagit Flats marathon held in September
- ◆ Baker Lake 50k held in October
- ◆ The Fowl Fun Run held in November

As a member of Skagit Runners, you will receive a 10% discount at Skagit Running Company and Fairhaven Runners. Also included is a monthly newsletter and a Skagit Runners race shirt or singlet. All members are required to volunteer for at least one Skagit Runners sponsored event per year.

Members are encouraged to attend board meetings which are held quarterly. An email announcement will be sent with the date and place of these meetings along with being posted in the monthly newsletter.

Skagit Runners hosts weekly runs which are open to the public. All runs start and end at Skagit Running Company in downtown Mount Vernon.

Mondays at 6pm 4-6 miles, all paces  
 Wednesdays at 6pm 5-7 miles, all paces

For more information, please contact us at [info@skagitrunters.org](mailto:info@skagitrunters.org)



Membership Applications can be mailed to:

Skagit Runners  
 P.O. Box 120  
 Burlington, WA 98233

\$15 membership:\_\_\_\_\_

Last Name:\_\_\_\_\_

First Name:\_\_\_\_\_

Address:\_\_\_\_\_

City:\_\_\_\_\_

State:\_\_\_\_\_ Zip:\_\_\_\_\_

Phone #:\_\_\_\_\_

Email: \_\_\_\_\_

Please read and sign the back of this application.  
 Thank you!